



# VITAVEGE KITCHEN

# Menu

## SOUPS

[5-7 SERVINGS]



Light Soup (Nkrakra).....	GH¢ 70
Groundnut Soup (Nkatie Kwan).....	GH¢ 100
Palm Nut Soup (Abenkwan).....	GH¢ 100
Ebunu Ebunu (Green Soup).....	GH¢ 110
Okra Soup (Fetri Detsi).....	GH¢ 90

## STEWES

[5-7 SERVINGS]



Tomato Stew (Gravy).....	GH¢ 90
Beans Stew.....	GH¢ 80
Okro Stew.....	GH¢ 80
Kontomire (Palava Sauce).....	GH¢ 80
Garden Egg Stew.....	GH¢ 70

## ANIMAL PROTEIN



Chicken (Hard/Soft/Fried).....	GH¢ 50
Goat (Aponkye).....	GH¢ 50
Beef (Cow Meat).....	GH¢ 50
Fresh Fish (Tilapia ).....	GH¢ 30
Smoked Fish (Tuna).....	GH¢ 30
Assorted Meat (Wele/Intestines).....	GH¢ 30
Salted Fish (Koobi/Momone).....	GH¢ 30

## SIDES



Banku.....	GH¢ 5
Rice Balls.....	GH¢ 5
Fufu.....	GH¢ 15
Kenkey.....	GH¢ 5
Konkonte.....	GH¢ 10
Boiled Yam.....	GH¢ 12
Fried Plantain.....	GH¢ 8
Plain Rice.....	GH¢ 10



## PLANT PROTEIN

Tofu (Fried Soya).....	GH¢ 20
Mushrooms (Mmere)...	GH¢ 30
Soya Chunks.....	GH¢ 15
Egusi (Agushi).....	GH¢ 30
Cowpeas (Adua).....	GH¢ 15
Dawadawa.....	GH¢ 10

CALL/WHATSAPP:

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